

taquitos

m | Sun Dried Tomato, Turkey, + Swiss

quiche

w | Corn, Leek + Red Pepper w/ Cheddar **v**

meatloaf of the week

th | BBQ 'Cupcakes' w/ Mashed Potato 'Frosting'

cupcakes of the week

tu | Samoa Cupcakes

muffins, scones, & breads

- M* | Pumpkin Spice Muffins
- Tu* | Maple Cream Scones
- W* | Brown Sugar-Pecan Scones
- Th* | House-made Spiced Pumpkin Doughnuts
- F* | Oatmeal-Chocolate Chip Peanut Butter Scones
- S* | Blackberry Lavender White Chocolate Scones

[@] Glazed Cranberry Bread

salads

- M* | Curried Sweet Potato Salad w/ Cranberries **v · gf**
- M* | Pesto Pasta w/ Sun Dried Tomatoes + R'sted Asparagus **v**
- M* | Crunchy Cashew Kale Salad **v**
- Tu* | Mediterranean Orzo Salad **v**
- Tu* | Rst'd Cauliflower, Chickpea + Quinoa w/ Jalapeno- Lime Dressing **v · gf · lc**
- W* | 'Chicken Club' Pasta Salad

[@] Three Kinds of Fresh, In-House Made Chicken Salad **gf · lc**
 Two Kinds of Fresh, In-House Made Tuna Salad **gf · lc**
 Market Basket Vegetable Salad **v · gf · lc**
 Two Kinds of Fresh Cole Slaw **v · gf**
 Fresh-cut Seasonal Fruit **v · gf**

desserts

- M* | Pumpkin Pecan Brownies
- M* | Salted Peanut Chews
- Tu* | Pumpkin Chocolate Chip Cheesecake Bars
- Tu* | Turtle Brownies
- W* | Individual Fruit Pies
- Th* | Cinnamon Roll Cheesecake Bars
- F* | Honey-Pumpkin Meringue Tarts

[@] Frosted "Thankful!" Cookies
 Cyd's Famous Frosted Pumpkin Cookies
 2 kinds of Vegan Cookies
 Assorted Gluten free Brownies + Bars
 French Macaron Cookies: flavors change weekly!

main course

- M* | Cyd's Chicken Marsala **lc**
- Tu* | Pear + Bleu Cheese stuffed Pork Tenderloin **gf · lc**
- W* | Cyd's Roasted Vegetable Lasagna **v**
- Th* | Irish Beef Stew w/ Cheddar-Herb Dumplings
- F* | Cilantro-Lime Honey Garlic Salmon **gf · lc**

sides & light meals

- M* | Homestyle Mashed Potatoes **v · gf**
- M* | Tuna Noodle Casserole
- Tu* | Butternut Squash stuffed Crepes w/ Sage-Walnut Cream Sauce
- Tu* | Poppy Seed Chicken + Noodles Casserole
- W* | Spiced Salmon Skewers w/ Lemon **gf · lc**
- W* | Bourbon Maple Sweet Potatoes w/ Walnuts **v · gf**
- Th* | Brussels Sprouts Gratin **gf · lc**
- Th* | Mediterranean Stuffed Peppers **v · lc**
- F* | Honey-Lime Quinoa Stuffed Sweet Potatoes **v · gf**
- F* | Garlic Spaghetti Squash w/ Herbs **v · gf · lc**

[@] Twice Baked, Stuffed Potatoes **v**
 Lemon-Herb Chicken Breasts **gf · lc · p**
 Green Beans w/ Pepitas, Roasted Squash + Onions **v · gf · lc · p**
 Cajun Meatloaf: available by the slice **lc**

gf GLUTEN FREE
lc LOW CARB
p PALEO
v VEGETARIAN
@ AVAILABLE ALL WEEK

Early Bird Gets the Worm:: Book your Holiday Gatherings in Cyd's Private Party Room. Whether its lunch or dinner, your guests will enjoy a delicious meal at Cyd's + as host you can enjoy your event because Cyd's does all the work!
 Contact our catering department to book your event at [309] 685-1100. Book now + save yourself the stress!

