

taquitos

m | Chicken, Spinach + Artichoke

quiche

w | Lorraine *Bacon + Gruyere

meatloaf of the week

th | Buffalo Chicken 'Cupcakes' with Mashed Potato Frosting

cupcakes of the week

tu | Chocolate Pumpkin Cupcakes w/ Pumpkin Frosting

muffins, scones, & breads

- M | Lemon Crumb Muffins
- Tu | Banana-Walnut Scones
- W | Pumpkin Spice Muffins w/ Walnut Streusel
- Th | Berry Blast Scones
- F | Cinnamon Roll Muffins
- S | Pumpkin Scones w/ Toffee Chips

[@] Cinnamon Streusel-Pumpkin Sweet Breads

salads

- M | Chipotle-Sweet Potato Salad v · gf
- M | Squash + Cranberry Quinoa Salad v · gf · lc
- M | Spinach Pesto Pasta Salad v
- Tu | Bacon + Brussels Sprouts w/ Smoked Almonds gf · lc
- Tu | Kale w/ Cranberries, Marcona Almonds + Sherry Vinaigrette v · gf
- W | Roasted Salmon + Shell Pasta w/ SnapPeas, Carrots + Creamy Dill Dressing

[@] Three Kinds of Fresh, In-House Made Chicken Salad gf · lc
 Two Kinds of Fresh, In-House Made Tuna Salad gf · lc
 Market Basket Vegetable Salad v · gf · lc
 Two Kinds of Cole Slaw v · gf · lc
 Fresh-cut Seasonal Fruit v · gf

desserts

- M | Gingerbread-Pumpkin Bars
- M | Pumpkin-Chocolate Chip Blondies
- Tu | Decadent Mint-Chocolate Brownies
- Tu | 'Almond Joy' Brownies
- W | Pumpkin Mousse Parfaits
- Th | Iced Apple Pie Slabs
- F | Chocolate Topped Espresso Cheesecakes

[@] Frosted "Fall Leaves" Cookies
 Cyd's Famous Frosted Pumpkin Cookies
 2 kinds of Vegan Cookies
 Assorted Gluten free Brownies + Bars
 French Macaron Cookies: flavors change weekly!

main course

- M | Cheddar, Jack + Apple stuffed Chicken Breasts lc
- Tu | Bacon Wrapped, Brown Sugar Pork Loin gf
- W | Maple-Dijon Chicken Kebobs gf
- Th | Greek Beef Skewers w/ Whipped Feta Dip gf · lc
- F | Sesame Salmon Roulades gf · lc

sides & light meals

- M | Herb + Garlic Roasted Potatoes v · gf
- M | Butternut Squash + Spinach Lasagna v
- Tu | Cyd's Potato Gratin v
- Tu | Parmesan Roasted Cabbage Wedges
- W | Cyd's Macaroni + 4-cheeses v
- W | Spinach + Feta Quinoa Cakes w/ Lemon Dill Sauce v · gf · lc
- Th | Balsamic Roasted Brussels Sprouts v · gf · lc
- Th | Mediterranean stuffed Portobello Caps v · gf · lc
- F | Garlic + Sesame Sautéed Broccoli v · gf · lc
- F | Chicken Pad Thai w/ Peanuts gf

[@] Twice Baked, Stuffed Potatoes v
 Lemon-Herb Chicken Breasts gf · lc · p
 Green Beans w/ Pepitas, Roasted Squash + Onions v · gf · lc · p
 Cajun Meatloaf: available by the slice lc

- gf GLUTEN FREE
- lc LOW CARB
- p PALEO
- v VEGETARIAN
- @ AVAILABLE ALL WEEK

Early Bird Gets the Worm:: Book your Holiday Gatherings in Cyd's Private Party Room. Whether its lunch or dinner, your guests will enjoy a delicious meal at Cyd's + as host you can enjoy your event because Cyd's does all the work!

Contact us to book your event at [309] 685-1100 :
Book now + save yourself the stress!

