

**taquitos**

m | Chicken-Spinach- Ranch

**quiche**

w | Spinach + Mushroom w/ Gruyere v

**meatloaf of the week**

th | Turkey, Spinach + Sun Dried Tomatoes lc

**cupcakes of the week**

tu | Dark Chocolate w/ Salted Caramel Frosting

**muffins, scones, & breads**

- M | Snickerdoodle Muffins
- Tu | Brown Sugar-Pecan Scones
- W | Blueberry Nutmeg Scones
- Th | Glazed Brown Sugar-Cinnamon Rolls
- F | Triple Cinnamon Scones
- S | Peppermint- Mocha Scones

[@] Cranberry-Nut Sweet Breads

**salads**

- M | Chipotle Sweet Potato Salad w/ Roasted Corn v · gf
- M | Brussels Sprout, Bleu Cheese + Pecan Salad v · gf
- M | Curried Cous Cous Salad w/ Cranberries
- Tu | Cyd's BLT Pasta Salad
- Tu | Spinach-Artichoke Tortellini Salad v
- W | Greek Quinoa w/ Roasted Salmon + Vegetables gf · lc

[@] Three Kinds of Fresh, In-House Made Chicken Salad gf · lc  
 Two Kinds of Fresh, In-House Made Tuna Salad gf · lc  
 Market Basket Vegetable Salad v · gf · lc  
 Two Kinds of Fresh Cole Slaw v · gf  
 Fresh-cut Seasonal Fruit v · gf

**desserts**

- M | Caramel Crunch Brownies
- M | Red Velvet Swirl Cheesecake Bars
- Tu | Peppermint Bark Brownies
- Tu | Gingerbread + White Chocolate Mousse Parfaits
- W | Chocolate Covered Caramel-Nut Tortes
- Th | Cranberry Bundt Cakes
- F | Chocolate Truffle Cakes

[@] Frosted "Cyd's Love" Cookies  
 Cyd's Famous Frosted Pumpkin Cookies  
 2 kinds of Vegan Cookies  
 Assorted Gluten free Brownies + Bars  
 French Macaron Cookies: flavors change weekly!  
 Remember Cyd's Holiday Cookie Trays always available by order!

**main course**

- M | Chicken Marsala w/ Heavenly Mushroom Sauce lc
- Tu | Maple-Mustard Pork Tenderloin gf · lc
- W | Chicken + Dumplings
- Th | Beef Stroganoff with Noodles
- F | Roasted Salmon Stuffed w/ Spinach, Feta + Ricotta gf · lc

**sides & light meals**

- M | Balsamic Roasted Asparagus w/ Tomatoes + Parmesan v · gf · lc
- M | Baked Macaroni w/ Chicken + 4-Cheeses
- Tu | Kale + Wild Rice Casserole v · gf
- Tu | Individual Carrot + Cheddar Soufflés v
- W | Cranberry-Orange Roasted Brussels Sprouts v
- W | Vegetable Quinoa Cakes v · gf · lc
- Th | Spiced Salmon Skewers w/ Lemon gf · lc
- Th | Spinach + Italian Sausage Stuffed Portobello Caps gf · lc
- F | Mediterranean Roasted Broccoli + Tomatoes v · gf · lc
- F | Butternut Squash + Spinach Lasagna v

[@] Twice Baked, Stuffed Potatoes v  
 Lemon-Herb Chicken Breasts gf · lc · p  
 Green Beans w/ Pepitas, Roasted Squash + Onions v · gf · lc · p  
 Cajun Meatloaf: available by the slice lc

- gf GLUTEN FREE
- lc LOW CARB
- p PALEO
- v VEGETARIAN
- @ AVAILABLE ALL WEEK

Book your Holiday Gatherings in  
 Cyd's Private Party Room.  
 Whether its lunch or dinner, your  
 guests will enjoy a delicious meal at  
 Cyd's + as host you can enjoy your  
 event because Cyd's does all the  
 work! Contact us to book your  
 event at [309] 685-1100 at  
[littlecyd@cyds.biz](mailto:littlecyd@cyds.biz)

**Cyd's** gourmet kitchen | cafe | catering

