

taquitos

@ | chicken bacon + ranch

quiche

@ | lorraine *bacon + gruyere

meatloaf

@ | cyd's cajun meatloaf

cheesecakes

@ | individual salted caramel ~or~ raspberry

muffins, scones, & breads

- M | Glazed Doughnut Muffins
- Tu | Orange-Chocolate Chip Scones
- W | Cinnamon Chip Muffins
- Th | Glazed Lemon Scones
- F | Cinnamon Roll Scones

[@] Lemon-Poppy Seed Sweet Breads

salads

- M | BLT Pasta Salad v
- M | Southwest Sweet Potato Salad v · gf
- Tu | Lemon-Parmesan Tortellini w/ Tomatoes + Spinach v
- Tu | Cyd's Chinese Noodles w/ Ham + Chicken
- W | Greek Quinoa w/ Vegetables + Feta v

[@] Three Kinds of Fresh, In-House Made Chicken Salad gf · lc
 Two Kinds of Fresh, In-House Made Tuna Salad gf · lc
 Market Basket Vegetable Salad v · gf · lc
 Asian Coleslaw v
 Fresh-cut Seasonal Fruit v · gf

desserts

- M | Salted Caramel Cookie Bars
- M | Coconut Topped GF Brownies gf
- Tu | Better Than Brad Pitt Brownies
- Tu | Buckeye Brownies gf
- W | Individual Cherry Pies
- Th | Carrot Sheet Cake Slices
- F | Flourless Chocolate Torte
- [@] Frosted Snowflake Cut Out Cookies

Cyd's January Hours of Operation

Mondays 9am-6pm*
 Tuesdays 9am-6pm*
 Wednesdays 9am-8pm
 Thursdays 9am-7pm
 Fridays 9am- 7pm
 Saturdays 9am – 4pm
 Sundays Dark

main course

- M | Stuffed Chicken Breasts lc
- Tu | Individual Chicken Pot Pies
- W | Cyd's Amazing Lasagna
- Th | Cyd's BBQ Beef Brisket gf
- F | Grilled Lemon + Herb Salmon Skewers gf · lc · p

sides & light meals

- M | Green Beans w/ Pepitas, Roasted Squash + Onions v · gf · lc · p
- M | Traditional Mashed Potatoes v
- Tu | Cyd's Macaroni + Cheese v
- Tu | Indian Vegetable Cakes v
- W | Lemon-Herb Chicken Breasts gf · lc · p
- W | Crab Cakes w/ Honey-Mustard Aioli
- Th | Mixed, Grilled Vegetables v · gf · lc
- Th | Twice Baked Potatoes v · gf
- F | Balsamic Roasted Brussels Sprouts v · gf · lc
- F | Roasted Root Vegetables w/ Chive Vinaigrette v · gf

- gf GLUTEN FREE
- lc LOW CARB
- p PALEO
- v VEGETARIAN
- @ AVAILABLE ALL WEEK

Cyd's Moving Announcement::

Our last day of Food Service Operation at Junction City will be Saturday, January 20th. We will be down for a short period of 8-10 weeks before we can re-open at our new location in Donovan Park located at 5805 N. Knoxville Avenue. Look for updates on our move + official re-opening dates on our Facebook Page or our website www.cyds.biz. We appreciate your support + look forward to serving you at Cyd's in Donovan Park SOON! Feel free to e-mail us at littlecyd@aol.com with any questions!

Cyd's gourmet kitchen | cafe | catering

